

# Application Card

## How to Use

### Stomahesive® Paste\*

to get optimal wear time and help prevent leakage

Stomahesive® Paste is designed for use in conjunction with Stomahesive® and Durahesive® skin barrier/wafers in the protection of the skin around the stoma. Stomahesive® Paste is not a glue or adhesive. It is used as a filler or "caulking" substance to increase skin barrier wear time by providing a flat pouching surface and helping to prevent leakage under the skin barrier.

#### There are two ways to apply Stomahesive® Paste

- Apply directly to skin barrier
- Apply directly to skin

#### Application to skin barrier/wafer (pre-cut or cut-to-fit)



1 Prepare the skin barrier as described in the Instructions for Use accompanying the wafer.

Apply a thin bead of paste on the back of the skin barrier around the opening on the adhesive side (see Figure 1). Do not spread the paste. Do not apply it to the outer rim of the skin barrier.

Center the skin barrier over the stoma. Apply gentle pressure over the entire skin barrier, especially around the stoma to ensure a good seal. The pressure will distribute the paste under the skin barrier and will cause it to rise around the stoma, creating an additional seal.

#### Application to skin



2 Prepare the skin barrier as described in the Instructions for Use accompanying the skin barrier.

To protect skin around the stoma: Apply paste directly to the skin immediately surrounding the stoma (see Figure 2). Apply enough paste to cover any exposed skin between the skin barrier and the stoma.

#### Application to skin (cont'd)



3 To create a level pouching surface: Apply Stomahesive® Paste directly to the skin where folds, uneven surfaces or scars are present (see Figure 3). To move or manipulate the paste, wet finger first. Wetting the finger allows movement of the paste, and prevents it from sticking to fingers.

Center the skin barrier over the stoma. Apply gentle pressure over the entire skin barrier, especially around the stoma to ensure a good seal. The pressure will distribute the paste under the skin barrier and will cause it to rise around the stoma, creating an additional seal.

#### Removing Stomahesive® Paste

Stomahesive® Paste is easily removed with the skin barrier after it has been in place for 48 hours. To remove the skin barrier from your skin, support the skin with one hand and gently peel the skin barrier away from your skin. AllKare® Adhesive Remover Wipes may be used to facilitate skin barrier and/or adhesive residue removal. If not all Stomahesive® Paste was removed, use warm water and a soft cloth to remove the remaining paste. It is not necessary to remove all of the paste prior to a new application. The portion that is not easily removed should be left in place, rather than risking irritation to the skin by scrubbing to remove it.

#### Useful facts about Stomahesive® Paste:

- Fills in uneven areas around the stoma to help prevent leakage that may result in skin breakdown
- Helps you get the best fit and wear time from your ostomy system
- Suitable for all types of ostomies
- For external use only. Do not apply into an open wound or skin ulcer. Contains alcohol.

\* See package insert for complete Instructions for Use.

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### ConvaTec AllKare® Protective Barrier Wipe\*

*Non-water soluble barrier that resists breakdown and “breathes” for greater comfort. Clinically tested for safety and efficacy with Stomahesive® and Durahesive® skin barriers.*



*Thin, comfortable film that helps protect against skin stripping and irritation caused by the application and removal of adhesives such as ostomy skin barriers and tapes.*

#### Application Under an Ostomy Appliance

- Remove the skin barrier/pouch you are currently wearing.
- Thoroughly clean and dry skin (see reverse side for instructions on using AllKare® Adhesive Remover as part of cleansing routine).
- Apply AllKare® Protective Barrier Wipe and allow it to dry completely; do not touch.
- Rinse the area well with clear water and dry thoroughly.
- Apply the new skin barrier/pouch.

#### Additional Help for Irritated Skin

- Remove the skin barrier/pouch you are currently wearing.
- Thoroughly clean and dry skin
- Apply a light dusting of ConvaTec’s Stomahesive® Powder to the skin surrounding the stoma, blow off any excess.
- Pat the powder with AllKare® Protective Barrier Wipe, making sure that all of the powder is wet (use two wipes if needed).
- Allow the area to dry thoroughly. A blow dryer set on cool may be used. The powder will show a shiny coat.
- Apply the new pouch.

## How to Use

### ConvaTec AllKare® Adhesive Remover Wipe\*

*A non-irritating, formulation that provides two products in one: an adhesive remover and a skin emollient. Emollient-rich formula helps to leave skin feeling supple, soft and smooth.*



*For the gentle removal of all adhesives, including skin barriers, tapes and hydrocolloid dressings.*

#### For use in ostomy management

- Gently lift a corner of the skin barrier or tape.
- Wipe the adhesive remover towelette between the skin and the skin barrier or tape, gently peeling the skin barrier or tape back while continuing to wipe.
- Cleanse the skin around the stoma with mild soap that is free of oils and creams.
- Rinse the area well with clear water and dry thoroughly.
- Apply the new skin barrier/pouch.

Use an AllKare® Adhesive Remover Wipe on the skin around the stoma with each skin barrier change or as needed.

\*See package insert for complete Instructions for Use.

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For more information or if you have questions, call

1-800-422-8811

or

visit our website at [www.ConvaTec.com](http://www.ConvaTec.com)

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